

Rations.

	RICE.	MEAT.	TEA	SALT.	VEGETABLE	SHINTOGAR	OIL.
						(SUGAR)	
(Total Weight. lbs. Average weight in grammes.)							
To 17 th October 1942. Period. 8 days.							
1	6400	960	12.5	60	2460	71	28
2	800	120	1.56	7.5	307.5	8.87	3.5
3	36000	54000	702.	3375	138375	3991.5	1575
Daily Average weight							
Average Strength in grammes per man per day.							
	507.62						
	709	106	1.4	6.4	273	7.9	3.1
To 24 th October 1942. Period. 7 days.							
(Total Weight. LBS. Average weight LBS. Average strength in grammes per man per day.)							
1	4560	590	11.5	45	1930	62	19.12
2	651.42	84.28	1.64	6.42	275.71	8.85	8.5
3	293139	37923	738	2889	124069	3982	2.75
4	550.75						1228
5	533	69	1.3	5.2	225	7.2	2.2
To 31 st October 1942. Period. 7 days.							
1	10080.	1255	12	73	4100	81	36
2	1440	179.28	1.71	10.42	585.71	11.57	5.14
3	648000	80676	769.50	4689	263569	5206.5	2313
4		871.28					
5	82744	93	.8	5.4	303	5.9	2.6
To 7 th Novr 1942. Period 7 days.							
1	9520	1600	13	40	3790	78	40.5
2	1360	228.57	1.85	5.71	541.27	11.14	5.78
3	612000	102856	832.	2569.5	243571	5013	2601
4	970.42						
5	631	106	.8	2.6	251	5.2	2.7